GREEN APPLE FOOD CATERING

Regular Menu - September 2024

MONDAY	TUESDAY	wednesday	THURSDAY	FRIDAY
MONDAI	TOESDAT	WEBNESDAT	THORSDAT 5	I KIDAT
2	Rice Chex Cereal	Fresh Banana	Whole Grain Bread w/ Jam	Frosted Mini Spooner
	with 100% Juice	with 100% Juice	with Whole or 2% Milk	with Whole or 2% Milk
HOLDAY	Chicken Fried Rice with Peas, Carrots	Meatball Subs	Corn Dog (w/ Ketchup)	Cheese Pizza
HOLI	Steamed Brocolli w/Herbs	Sauteed Peas & Carrots	Sauteed Green Beans w/ Herbs	Lettuce Salad
	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fruit	Seasonal Fresh Fruits
	Whole Grain Animal Snacks	Pretzel Miny Twist	Cheeze It	Nutri-Grain Bars
	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk
9	10		12	13
Toasted Oak Cheerios	Oat Barn Muffins	Waffels w/ Syrup	Biscuits w/ Jam	Corn Flakes
with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk
Croissant Turkey Sandwich	Chicken Quesadilla	Chicken Nuggets (w/ Ketchup)	Turkey Mac & Cheese	Cheese Pizza
Cucumber w/ Ranch	Buttered Corn	Mashed Potatoes & Carrots	Mixed Veg w/Herbs	Lettuce Salad
Seasonal Fresh Fruits	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fresh Fruits
Goldfish	Chex Mix	Vanilla Pudding w/ Graham Crackers	Veggie Straw	Nutri-Grain Bars
with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk
16	17	18	19	20
Kix Berry Cereal	Blueberry Muffin	Banana	Pancake w/ Syrup	Oat Crunch Cinnamon Cereal
with Whole or 2% Milk	with Whole or 2% Milk	with 100% Juice	with Whole or 2% Milk	with Whole or 2% Milk
Grilled Cheese Sandwich	Chicken Pasta w/Alfredo	Chicken Taquitos	Spaghetti Meatball (w/ Marinara Sauce)	Cheese Pizza
Cucumber w/ Ranch	Diced California Veggie Melody	Cesar Salad	Sauteed Green Beans w/ Herbs	Lettuce Salad
Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fruit	Seasonal Fresh Fruits
K Pastry Crisps	Whole Grain Alphabet Blocks	Cheddar Goldfish	Cheese Strings	Nutri-Grain Bars
with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk
23	24	25	26	27
Toasted Oak Cheerios	Corn Muffin	Banana	Unsweetened Applesauce	Corn Flakes
with Whole or 2% Milk	with 100% Juice	with 100% Juice	with Whole or 2% Milk	with Whole or 2% Milk
Sloppy Joes	Hot Dogs (w/ Ketchup)	Fish Sticks (w/ Ketchup)	Chicken Basil Pasta	Cheese Pizza
Cucumber w/ Ranch	Mixed Veg. Seasoned w/ Herbs	Sauteed Green Beans w/ Herbs	Steamed Brocolli w/Herbs	Lettuce Salad
Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fruit	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Cheddar Goldfish	Veggie Straw	Crackers w/ Cheese Cubes	Pretzels	Nutri-Grain Bars
with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk
30	1	2	3	4
Kix Cereal	Bagel w/ Cream Cheese	Fresh Banana	Whole Grain Bread w/ Jam	Corn Flakes
with Whole or 2% Milk	with 100% Juice	with 100% Juice	with Whole or 2% Milk	with Whole or 2% Milk
Chicken Salad Sandwich (Mayo/Celery, Apple, Herbs)	Chicken Fried Rice with Peas, Carrots	Chicken Taquitos	Corn Dog (w/ Ketchup)	Cheese Pizza
Cucumber w/ Ranch	Brocolli with herbs	Cesar Salad	Steamed Broccoli w/ Herbs	Lettuce Salad
Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fruit	Seasonal Fresh Fruits
Cheese Strings	Pretzels	Pub Mix	Cheeze It	Nutri-Grain Bars
with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk	with Whole or 2% Milk

Vegetarian Menu - September 2024

MONDAY		anan Menu - September		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Rice Chex Cereal with 100% Juice	Fresh Banana with 100% Juice	5 Whole Grain Bread w/ Jam with Whole or 2% Milk	6 Frosted Mini Spooner with Whole or 2% Milk
HOLDAY	Veg. Fried Rice with Peas, Carrots Steamed Brocolli w/Herbs	Plant-Based Meatball Subs Sauteed Peas & Carrots	Plant-Based Corn Dog (w/ Ketchup) Sauteed Green Beans w/ Herbs	Cheese Pizza Lettuce Salad
*	Seasonal Fresh Fruits Whole Grain Animal Snacks with Whole or 2% Milk	Seasonal Fresh Fruits Pretzel Miny Twist with Whole or 2% Milk	Seasonal Fruit Cheeze It with Whole or 2% Milk	Seasonal Fresh Fruits Nutri-Grain Bars with Whole or 2% Milk
9	10	11	12	13
Toasted Oak Cheerios with Whole or 2% Milk	Oat Barn Muffins with Whole or 2% Milk	Waffels w/ Syrup with Whole or 2% Milk	Biscuits w/ Jam with Whole or 2% Milk	Corn Flakes with Whole or 2% Milk
Croissant Veg. Sandwich	Cheese Quesadilla	Plant-Based Nuggets (w/ Ketchup)	Mac & Cheese	Cheese Pizza
Cucumber w/ Ranch Seasonal Fresh Fruits	Buttered Corn Seasonal Fresh Fruits	Mashed Potatoes & Carrots Seasonal Fruit	Mixed Veg w/Herbs Seasonal Fruit	Lettuce Salad Seasonal Fresh Fruits
Goldfish with Whole or 2% Milk	Chex Mix with Whole or 2% Milk	Vanilla Pudding w/ Graham Crackers with Whole or 2% Milk	Veggie Straw with Whole or 2% Milk	Nutri-Grain Bars with Whole or 2% Milk
16	17	18	19	20
Kix Berry Cereal with Whole or 2% Milk	Blueberry Muffin with Whole or 2% Milk	Banana with 100% Juice	Pancake w/ Syrup with Whole or 2% Milk	Oat Crunch Cinnamon Cereal with Whole or 2% Milk
Grilled Cheese Sandwich	Tofu Pasta w/Alfredo	Veg. Taquitos	Spaghetti Meatball (w/ Marinara Sauce)	Cheese Pizza
Cucumber w/ Ranch Seasonal Fresh Fruits	Diced California Veggie Melody Seasonal Fresh Fruits	Cesar Salad Seasonal Fresh Fruits	Sauteed Green Beans w/ Herbs Seasonal Fruit	Lettuce Salad Seasonal Fresh Fruits
K Pastry Crisps with Whole or 2% Milk	Whole Grain Alphabet Blocks with Whole or 2% Milk	Cheddar Goldfish with Whole or 2% Milk	Cheese Strings with Whole or 2% Milk	Nutri-Grain Bars with Whole or 2% Milk
23	24	25	26	27
Toasted Oak Cheerios with Whole or 2% Milk	Corn Muffin with 100% Juice	Banana with 100% Juice	Unsweetened Applesauce with Whole or 2% Milk	Corn Flakes with Whole or 2% Milk
Sloppy Joes	Plant-Based Hot Dogs (w/ Ketchup)	Mozzarella Cheese Sticks (w/ Ketchup)	Tofu Basil Pasta	Cheese Pizza
Cucumber w/ Ranch Seasonal Fresh Fruits	Mixed Veg. Seasoned w/ Herbs Seasonal Fruit	Sauteed Green Beans w/ Herbs Seasonal Fruit	Steamed Brocolli w/Herbs Seasonal Fresh Fruits	Lettuce Salad Seasonal Fresh Fruits
Cheddar Goldfish with Whole or 2% Milk	Veggie Straw with Whole or 2% Milk	Crackers w/ Cheese Cubes with Whole or 2% Milk	Pretzels with Whole or 2% Milk	Nutri-Grain Bars with Whole or 2% Milk
30	1	2	3	4
Kix Cereal with Whole or 2% Milk	Bagel w/ Cream Cheese with 100% Juice	Fresh Banana with 100% Juice	Whole Grain Bread w/ Jam with Whole or 2% Milk	Corn Flakes with Whole or 2% Milk
Veg. Salad Sandwich (Mayo/Celery, Apple, Herbs)	Veg Fried Rice with Peas, Carrots	Veg Taquitos	Plant-Based Corn Dog (w/ Ketchup)	Cheese Pizza
Cucumber w/ Ranch Seasonal Fresh Fruits	Brocolli with herbs Seasonal Fresh Fruits	Cesar Salad Seasonal Fresh Fruits	Steamed Broccoli w/ Herbs Seasonal Fruit	Lettuce Salad Seasonal Fresh Fruits
Cheese Strings with Whole or 2% Milk	Pretzels with Whole or 2% Milk	Pub Mix with Whole or 2% Milk	Cheeze It with Whole or 2% Milk	Nutri-Grain Bars with Whole or 2% Milk